

## 'It Ends With Us' Summary

**Title: It Ends With Us**

**Author: Colleen Hoover**

### **Summary:**

Lily Bloom has just buried her father, a man who caused her mother immense pain due to his abusive behavior. At his funeral, she meets a young neurosurgeon named Ryle Kincaid. They share an intense connection but part ways, assuming they'll never meet again. Ryle admits he's not looking for a relationship, only a one-night stand, and Lily doesn't anticipate crossing paths with him again.

Flash forward a few years, and Lily has moved to Boston, where she starts her own flower shop. By coincidence, she meets Ryle again. To her surprise, he's deeply drawn to her, even though he's insistent on maintaining his no-relationship policy. As they continue to meet, their undeniable chemistry leads them to develop a deeper relationship.

Throughout the book, Lily reflects on her past through journal entries addressed to Ellen DeGeneres. These entries reveal a teenage romance with her first love, Atlas Corrigan. He was a homeless boy whom she secretly housed in the backyard of her family home. Their love story was genuine and touching, but life took them on different paths.

As Lily's relationship with Ryle unfolds, it becomes evident that Ryle has moments of violent behavior, mirroring the abuse that Lily's mother faced. The novel delves into the complexity of their relationship, the cycle of abuse, and the difficult choices victims often face. Lily grapples with her love for Ryle, her memories of Atlas, and the painful realization that she might be in a relationship similar to what her mother endured.

The title, "It Ends With Us," encapsulates Lily's journey toward self-worth and the difficult decision she must make to break the cycle of abuse.

### **Themes:**

- The complexities of love and the boundaries one should set in relationships.
- The cycle of domestic abuse and its impact on victims.
- The importance of self-worth and making difficult decisions for one's well-being.
- The idea is that no person is entirely good or entirely bad and how this gray area can make decisions even more challenging.

This novel is celebrated for its portrayal of challenging subjects and for urging readers to empathize with the multifaceted situations that victims of domestic violence face.